

I've been doing some research and would like to talk about the possibility of opting for lithotripsy rather than ureteroscopy to treat my kidney stones.

From what I understand, lithotripsy is a **non-invasive procedure** that uses shock waves to break up the kidney stones, which sounds like it might be less painful and have a quicker recovery time compared to ureteroscopy. I'm particularly interested in avoiding any procedures that involve inserting instruments through the urinary tract, if possible.

I've read that lithotripsy tends to be more effective for smaller stones and those located in the kidney rather than the ureter. I'm aware that it might require multiple sessions, but I'm willing to consider that if it means avoiding more invasive surgery. Could you help me understand how well it might work for my specific case?